Leiday Williams Co

14th	February	2025

main stage	workshops	wymen's	community	youth	craft	the den
	•	circles	hub	•		the och
10AM	10AM	10AM	10AM	10AM	7AM	
Slow Flow Yoga by Yoga and Earth Connection with Georgina	Solo Sisters Meet & Greet	Speaking with Spirit by Megan Griffiths Psychic Medium	Mastering Metabolic Health: Weight Loss Solutions for Women 40+ by Earth Goddess Healing	CHILLOUT ZONE	Rock Painting	
11:15AM	11:30AM	11:30AM	11:30AM	11:30AM	10AM	
Vocal Sound Therapy Ritual by I'm a Soul Queen	Business Magic by The Business Witch	Divine Womb Healing with holy oils by Dragonfly Alchemy	Intro to Attachment Theory & Healing Tools by Golden Keys Healing	Create your own Worry Beads by Soul Work Co	Jewely Making by Our Gypsy Collection	
12:30PM	12:30PM	12:30PM	12:30PM		12:30PM	12:30PM
Liz Hassack Music	Protecting yourself from negative energies by Sugar and Spice Holistic Wellbeing	KUNDALINI DANCE by Wyld Tribe	Empowering Sister - Discover the real you by Creating Awareness		CLAY Make your own RUNES	Medicine Drum Journey - Meet your Guide by Transforming Me (LIMIT OF 15-20)
1:45PM	1:45PM	1:45PM	1:45PM	1:45PM		1:45PM
Yoga for the Vagina by Tamra Mercieca	Body Decoding - Secrets of You by Tea Leaf Readings	Radical Forgiveness Healing Ceremony by Kathy Lovie	60 minute Cultural talk on Wadawurrung history and Cultural fire by Tammy Gilson	Finding your own Personality by Dragon Fly Alchemy		Introduction to Energy Healing by Sarah Xanthos
ЗРМ	ЗРМ	ЗРМ	ЗРМ	ЗРМ	ЗРМ	ЗРМ
Body Art by Soulful Enchanting Body Art	Making Friends with Your Body (all ages) by Liz the Radiance Couch	Shamanic Breathwork by Awaken Divine Feminine	Align & Amplify: An Intuitive Approach to Your Business from Your Intuitive Admin Guru	CHILLOUT ZONE	PAINT N SIP	Connect yoga - sound, movement and energy by White Swan Sound and Yoga
4:45PM	4:15PM	4:15PM	4:15PM			4:15PM
Sacred Chanting by Fiona Ross	Intuitive Online Dating - Trusting Your Inner Guide to Spot Red Flags by Lindie Gunston Spirit Medium	Sacred Sisterhood: Shamanic Cacao Ceremony by Crystal Aura Tarot	Wayapa Earth Mindfulness by ME = Mother Earth			So, you think you're psychic? - Six ways to know if you've 'got the gift' (or if you're just a bit strange) Zilke Davey Soul to Soul Holistic Services

6:30PM - MAIN STAGE OPENING CEREMONY - WELCOME TO COUNTRY AND SMOKING CEREMONY

Tammy Gilson (Proud Wadawurrung Woman, Wiyn Murrup

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main stage	workshops	wooned's circles	community hub	youth	craftı	the den
7:30PM	7:30PM	730 PM			7:30PM	7:30PM
Comedy Clare Elizabeth Dea "The Breast Kept Secrets"	Uncovering your love language through Astrology by Majik of Life	Celebrate the Feminine! by The Wilderness Within			Boob Art by Miss Kelly & Kardina	April Nites with Lee (Audlt Toys)
9PM				PRO	GRAM SUBJEC	T TO CHANGE
PJ Parade (Prizes for best dressed)						
9:30PM						
Movies Outdoor Cinema						



# Friday 14th February 2025

# 7AM CRAFT - Rock Painting

Drop in to our crafting space to take part in some rock painting.

Whether you paint a yoni, mandala or positive affirmation.

The choice is yours! You can keep your rock or add it to our community rock garden to spread a little bit of joy or hope for someone else. You are also welcome to take one home if you need a message of hope in your own life.

# 10AM MAIN STAGE - Slow Flow Yoga by Yoga and Earth Connection with Georgina Slow

Flow Yoga is a breath-based Yoga practice where the participant is invited to slow down and feel the practice in a calm safe way. It is about Being rather than Doing. It encourages a serene stillness and Connection with Self

Bring: Yoga mat Blanket-optional Cushion-optional Journal

#### 10AM WORKSHOPS - Solo Sisters Meet & Greet

Start your festival experience off with this informal meet and greet.

Women who are coming to Bohemian Summer Festival alone are welcome to attend this session as an informal meet and greet.

# 10AM WOMENS CIRCLES - Speaking with Spirit by Megan Griffiths Psychic Medium

A Psychic Mediumship demonstration - predictions delivered to selected audience members, as well as stories and insights from Megan's career and experiences so far.

# 10AM COMMUNITY HUB - Mastering Metabolic Health: Weight Loss Solutions for Women 40+ by Earth Goddess Healing

This workshop is designed to help women aged 40-60 understand the unique metabolic changes that occur during midlife and how they impact weight, cholesterol, blood pressure, and blood glucose levels. Learn how to naturally support your metabolism through nutrition, lifestyle adjustments, and targeted strategies to overcome the common challenges of weight loss. With a focus on empowering you to make informed health choices, this session will provide practical tools to restore balance, improve metabolic health, and achieve lasting results.

#### **10AM YOUTH - CHILLOUT ZONE**

We have an intimate teen space this year with consists of a glamping tent, cushions and some other seating. Teens can chill in this space away from the hustle and bustle of the

festival to chat, relax or even play some tunes on their phones.

Teens are welcome to join other workshops as well.

#### 10AM CRAFT - Jewely Making by Our Gypsy Collection

This workshop is designed to teach beginners how to wire wrap your own crystals and make them into pendants. Naomi will walk you through the different gauges of wire and tools / materials used to make the pendants and you will leave with your own personal crystal (the chain can be purchased separate direct from Our Gypsy Collection straight after this workshop) that is completely unique just like yourselves! Limited spots available. Please arrive early to avoid missing out. This workshop is repeated twice.

## 11:15AM MAIN STAGE - Vocal Sound Therapy Ritual by I'm a Soul Queen

Vocal Sound Therapy is a holistic healing practice that focuses on the power of sound and the voice to promote physical, emotional, and spiritual well-being. Carla combines meditation, light language, reiki and her voice to deliver a unique healing experience to balance and align you to the higher frequencies of your soul.



# Friday 14th February 2025

#### 11:30AM WORKSHOPS - Business Magic with the Business Witch

From her book, The Power of Energy Business, you are invited to place your medicine on the altar of humanity. Come along and see how Katrena develops your business plan to become an expert in your field of excellence. Learn step by step how to position, package and price yourself correctly in your market through 7 streams of income. In this session, we will walk together through the 5 directions, East (Air), South (Fire), West (Water), North (Earth) and Space in this interactive experience you will discover your business destiny. Let's get to work.

BRING: Notebook and pen. A workbook will be provided.

### 11:30AM WOMEN'S CIRLCES - Divine Womb Healing with holy oils by Dragonfly Alchemy

Through suppression from patriarchy, pain and trauma we have become disconnected from our wombs and the power and potentiality we can access here. Can you hear your womb, can you feel her? Even if she has been removed, she is still strong in her energy in your body. Awaken your womb heart, your womb spirit and your womb voice. Free her and ignite her fire within. Create a vortex of healing with your sisters in Circle through a Shamanic Scent Priestess journey of reclamation.

# 11:30AM COMMUNITY HUB - Intro to Attachment Theory & Healing Tools by Golden Keys Healing

Some may have already heard of Attachment Theory & may have studied it at university and/or from a variety of educational platforms & others may not have ever heard about it before. The question is; Why would you want to come? You will learn about Attachment Styles & be able to identify your own Attachment style. This attachment style was created from childhood and is played out in our everyday life particularly in our love relationships. We will explore the healing tools to "HOW" to change our attachment style from an insecure attachment into a secure attachment.

#### 11:30AM YOUTH - Create your own Worry Beads by Soul Work Co

Embark on a creative and meditative journey with our "Create Your Own Worry Bead" workshop. This handson experience invites you to craft your personalised set of worry beads while cultivating mindfulness and relaxation. Participants will be guided through the process of stringing beads and infusing their creations with intention and meaning.

#### 12:30PM MAIN STAGE - Liz Hassack Music

Singing songs and playing guitar, with a mix of originals and covers, sit back and relax while you drift off on a musical journey of contemporary folk inspired songs from around the world. Sing along if you know the words. Hum along if you don't. Music is a universal language of connection.

# 12:30PM WORKSHOPS - Protecting yourself from negative energies by Sugar and Spice Holistic Wellbeing

Do you feel overwhelmed and drained around certain people or in situations?

Learn the skills to create a protective energy field around your body to protect you from energy 'vampires' and negative environments. Use the universal energy to support you, creating an individual barrier that you can change from a brick wall for protection to one that showers you in divine white light depending on your needs at the time.

This is for both your protection and to empower you in times of need.



# 12:30PM WOMEN'S CIRLCES - KUNDALINI DANCE by Wyld Tribe

Kundalini Dance is a sacred tantric practice that invites you to authentically express the essence of your body and soul through the alchemy of movement, breath, and sound. Rooted in transformational teachings, archetypal activations, and potent energy transmissions, this powerful practice becomes a gateway to deeper embodiment. Allow yourself to be guided by its rhythm, awakening your inner wisdom and liberating your authentic expression. As you move, breathe, and sound your truth, you will remember the profound truth of your being—you are sovereign, whole, and beautifully complete.

#### 12:30PM COMMUNITY HUB - Empowering Sister - Discover the real you by Creating Awareness

Offering insights into how trauma and our subconscious mind play a big role in our lives and how we can shine a light on these areas. I will ask quality questions for participants to feel where trauma might be stored in their bodies and then move through the emotions and gain back control in a safe space.

BRING: Notebooks and any comfort items (blanket, crystals, water bottles, teddies)

### 12:30PM CRAFT - Clay - Make your own set of RUNES

Join us in the crafting tent to create your own set of Runes.

Runes are ancient alphabetic symbols that were used by Germanic tribes for writing, divination, and magical purposes. Rooted in Norse mythology, each rune has its own specific meaning and significance, often representing natural elements, concepts, or gods. From the Elder Futhark to the Younger Futhark and Anglo-Saxon variants, runes offer a complex system of symbolism that has captivated people for centuries.

# 12:30PM THE DEN - Medicine Drum Journey - Meet your Guide by Transforming Me (LIMIT OF 15-20)

In this journey, you will connect with your Guide or Guides. There will be opportunity to journal your experience and share if you wish to.

BRING: Pillow, blanket, journal and pen

#### 1:45PM MAIN STAGE - Yoga for the Vagina by Tamra Mercieca

Yoga for the Vagina is a restorative and deeply healing yoga practice that nourishes the sexual organs, helps release sexual trauma and awakens the body to pleasure. Designed specifically for the female body, this lush practice uses a Jade Egg to help anchor you in the present moment so you can become intimately connected to your body and thus, cultivate a deeper sense of self-love.

Yoga for the Vagina educates women on how to care for their body both on and off the mat, so they can restore the pelvis to its natural state of health. Because this practice helps balance and tone the entire contents of the pelvic bowl - including the pelvic floor - it's highly effective in helping to heal and prevent sexual health conditions such as PMS, incontinence, fertility problems, physical and emotional trauma following birth, while also helping women journey through menopause.

In this workshop, I'll share more about this beautiful practice, and then guide you through it (minus the Jade Egg), so you can experience it for yourself.

BRING: A yoga mat

# 1:45PM WORKSHOPS - Body Decoding - Secrets of You by Tea Leaf Readings

Body psychosomatics is a spiritual exploration of the hidden connections between mind and body. Trish will take you through how to decode your own face to discovery your hidden secrets. Your body is your temple, and it was created by your experiences and thoughts. Learn about the powers within, when blocks occur and how to shift physical blocks.



# 1:45PM WOMEN'S CIRCLES - Radical Forgiveness Healing Ceremony by Kathy Lovie

Based on a Native American healing ceremony. This largely nonverbal process preserves privacy and anonymity.

We walk the circle once to acknowledge our story and the trauma we have suffered.

As we see others walk the circle alongside us, we realise that we are not alone. After listening to a special story, we walk the circle again.

With a new understanding of the past, we feel lighter and at peace. Shift truly happens.

Be guided step by step through a Radical Forgiveness Process to experience the freedom, peace, and renewed energy that comes with Radical Forgiveness. You will transmute difficult emotions like anger, fear, and shame into unconditional love, gratitude, and peace. YOU WILL BE TESTED, TRIGGERED AND TRANSFORMED!

# 1:45PM COMMUNITY HUB - Cultural talk on Wadawurrung history and Cultural fire by Tammy Gilson

Tammy Gilson is a proud Wadawurrung woman, Wiyn Murrup (Cultural Fire) Ranger, multi award winning weaver and blak designer. Tammy will discuss traditional weaving practice and technique and explain the importance of burning Country with right way fire.

#### 1:45PM YOUTH - Finding your own Personality by Dragon Fly Alchemy

On the brink of being a young girl to becoming a young woman- how this is such a wonderful and challenging time- confidence in a changing body- finding your own personality-navigating the pressures of what you want and what is expected of you. Integrating into your community as a young adult.

# 1:45PM THE DEN - Introduction to Energy Healing by Sarah Xanthos

Join Sarah Xanthos for an enlightening journey into the world of energy

healing. In this workshop, you'll uncover the fundamental principles behind energy healing and discover how it can transform your life. Learn techniques to inspire daily self-healing practices and unlock your inner potential with or without attunements. This workshop includes a powerful self-healing meditation that will leave you feeling rejuvenated and empowered. Don't miss this opportunity to explore the limitless possibilities of healing through energy!"

**BRING: Notebook** 

# 3PM MAIN STAGE - Body Art by Soulful Enchanting Body Art

Intuitive Body Art is a hands-on workshop experience, inviting you to honour and acknowledge your body through the medium of body art. It is a beautiful opportunity to tune in with the relationship you have with your body, by opening a self-loving dialogue to allow deep embodiment and connection.

Through our bodies innate wisdom and language we can tap in, listen and give what's needed. We will be giving the gift of art, and our bodies are the canvas. There will be guided meditation, journalling, sharing circle, movement and body painting.

Women will be painting each other in this workshop so come along and allow yourself to trust in the creative expression that will be on offer.

#### 3PM WORKSHOPS - Making Friends with Your Body (all ages) by Liz the Radiance Couch

An interactive workshop designed to help you to view your body in a more positive way. I'll show you how to stop hating on your body and to start appreciating her for what you can do because you have THIS body.



## 3PM WOMEN'S CIRCLES - Shamanic Breathwork by Awaken Divine Feminine

Step into the realm of profound healing and self-discovery with our Shamanic Breathwork session. Through the transformative power of intentional breathwork, we'll journey deep within to unlock dormant energies, release emotional blockages, and reconnect with our true essence. Guided by an experienced facilitator, you'll embark on a journey of inner exploration and expansion, tapping into the wisdom of your heart and soul. Conclude your journey with a heart-cantered integration, grounding your experience and aligning with your highest self. Embrace the opportunity to awaken to new levels of clarity, healing, and transformation in this immersive and empowering session.

BRING: Yoga mat to lay on, a blanket and a pillow. Journal and pen

# 3PM COMMUNITY HUB - Align & Amplify: An Intuitive Approach to Your Business from Your Intuitive Admin Guru

Join me for a transformative workshop designed to help you reconnect with the heart of your business. Through guided intuitive practices, reflective exercises, and practical strategies, we'll uncover the deeper "why" behind what you do, create alignment between your soul's purpose and your business, and explore ways to streamline your systems for ease and flow. This workshop is perfect for soul-led entrepreneurs, healers, and creatives looking to infuse their work with intention and clarity while embracing the unique energy they bring to the world. Together, we'll build the foundation for a business that feels authentic, aligned, and inspired.

#### 3PM YOUTH - CHILLOUT ZONE

We have an intimate teen space this year with consists of a glamping tent, cushions and some other seating. Teens can chill in this space away from the hustle and bustle of the festival to chat, relax or even play some tunes on their phones. Teens are welcome to join other workshops as well.

### 3PM CRAFT - PAINT N SIP

Enjoy a craft gathering like no other. This year's theme is a portrait. Can represent yourself, your bestie of whom ever you like. The bar will set up temporary in that space so you don't have to walk far should you want to enjoy a cocktail or mocktail!

## 3PM THE DEN - Connect yoga - sound, movement and energy by White Swan Sound and Yoga

Join Charlotte for an accessible heart based deep and intuitive yoga practice which focuses in on the movements of the body, sound and energy. From 20 years of teaching yoga, Charlotte has developed her own quirky teaching style which draws on visual imagery, sound and movement to help you feel open, alive and deeply connected. The sound of her chanting and harmonium allow space for the extra deepening to easily flow in.

BRING: Yoga mat and blanket for shavasana

# 4:15PM WORKSHOPS - Intuitive Online Dating - Trusting Your Inner Guide to Spot Red Flags By Lindie Gunston Spirit Medium

Ready to take your online dating experience to the next level? In this workshop, we'll unlock the power of your intuition to spot red flags before they even appear. Trusting your inner wisdom is key to navigating the digital dating world safely. Learn how to tune in, recognize subtle signs, and protect your energy, all while attracting healthier, more aligned connections. Let your intuition lead the way, because when you listen closely, it will never let you down!



# 4:15PM WOMEN'S CIRCLES - Sacred Sisterhood: Shamanic Cacao Ceremony by Crystal Aura Tarot

Step into a sacred space of healing and empowerment. Led by Intuitive Guide Natalie Grace, this transformative experience invites women to connect with the wisdom of the ancient cacao spirit and journey deep within. Through ritual, meditation, and shamanic practices, participants will release blockages, awaken their intuition, and cultivate a deeper connection to themselves and each other. Join us in this sacred circle of sisterhood, where the healing power of cacao and the collective energy of the divine feminine unite to inspire connection and healing.

BRING: Blanket, cushion, mat or whatever helps you feel comfortable.

# 4:15PM COMMUNITY HUB - Wayapa Earth Mindfulness by ME = Mother Earth

A yarning circle or meditation for large group. Deep connection / relationship building. Introduction to Wayapa elements. Wayapa movement practice.

BRING: Cushion or chair, notebook and pen

# 4:15PM THE DEN - So, you think you're psychic? - Six ways to know if you've 'got the gift' (or if you're just a bit strange) By Zilke Davey Soul to Soul Holistic Services

This little workshop will cover:

The key definitions and differences between psychic and mediumship ability.

A chance to practice your own psychic abilities (with someone you have never met).

A chance to ask questions or demystify some fears around mediumship and psychic ability.

Zilke Davey lives and works locally on Wadawurrung Country, in Ballarat, as a professional psychic, medium, Craniosacral Therapist and Soul Dance facilitator.

She has always known she was 'a bit strange', and after working with many mentors, both nationally and internationally, she is now sure she's not just strange, but also a medium and a psychic too. She runs classes online and in-person to assist others to trust their own abilities, and live a life less obstructed by other people's energy and fears.

#### 4:15PM MAIN STAGE - Sacred Chanting by Fiona Ross

Sacred Sounds Concert

Scottish singer and sound healing practitioner Fiona Ross shares a selection of mantras, chants and songs from across the globe. Fiona plays different instruments including harmonium, shruti and crystal bowls. Come and sing along!

# 6:30PM MAIN STAGE - Open Ceremony with Tammy Gilson

We are so excited to have Tammy Gilson who is a proud Wadawurrung woman, Wiyn Murrup (Cultural Fire) Ranger, and award-winning traditional weaver and blak designer.

Tammy will be presenting our Welcome to Country and a Smoking Ceremony as part of our Opening Ceremony.

#### 7:30PM MAIN STAGE - Comedy Clare Elizabeth Dea "The Breast Kept Secrets"

An inspirational music comedy show to transform shame into beauty.

Powerhouse singer and storyteller Clare Elizabeth Dea is passionate about women loving their imperfections. Inspired by her personal journey of having Polands Syndrome & only developing one breast as a teenager, Clare's shows always bring the audience on a journey of embracing their authentic voice.

Featured on Studio 10, The Guardian and a range of media, Clare's shows have made an impact around the country. They promise a rollercoaster of emotions, from laughter to tears, and moments that will make you go within and empower you to live a life you love.

Touring Australia with sell out transformational theatrical experiences, this will be a special performance at Bohemian Summer Festival.



# 7:30PM WORKSHOPS - Uncovering your love language through Astrology by Majik of Life

This workshop will delve into the astrological aspects of love, compatibility and connection helping you to gain clarity on how you express love and how you wish to receive love. You will learn the key areas of relationship astrology principles in an easy-to-understand way that will include practical examples to give you the knowledge and insights to compare with your own chart.

BRING: A notebook and pen to write down any insights or key points.

#### 7:30PM WOMEN'S CIRCLES - Celebrate the Feminine! by The Wilderness Within

Come together in sisterhood to drum and sing songs in celebration of the feminine. Sharing songs of womanhood, the earth, the moon, Goddesses and life! No singing or musical experience needed; song lyrics will be shared. Dancing welcome!!!

BRING: A drum or a rattle if you have one

#### 7:30PM CRAFT - Boob Art by Miss Kelly & Kardina

A workshop of body positivity "means ignoring all social norms to be comfortable, not only with the shape of your body, or texture, or color of your skin, but also with embracing our flaws and jiggles in a safe environment.

Realize that nobody's perfect. Everyone has "flaws,"

Body art, including boob art, can be a way for individuals to reclaim ownership of their bodies and express themselves in a unique and empowering way. Boob art, specifically, can be a form of body positivity, self-love, and celebration of one's femininity.

We want to promote messages of empowerment, beauty, and confidence.

Additionally, boob art can serve as a form of personal expression, allowing individuals to adorn their bodies with meaningful designs, symbols, or messages that hold significance to them.

It can be a way to commemorate important milestones, express emotions, or simply showcase one's creativity and individuality.

Ultimately, the decision to engage in boob art Is individual, we know It can also be a powerful and liberating experience for those who choose to participate in it.

Come and join this fun boob art workshop and have a laugh with others and let's welcome some body positivity in our lives

# 7:30PM THE DEN - April Nites with Lee (Adult Toys)

Talking about Adult toys, tips for the bedroom and selling adult products by party plan

#### 9PM MAIN STAGE - PJ Parade (Prizes for best dressed)

Join in the fun - the more ridiculous the better!

We will be having a pajama parade and whoever wins "best dressed" will win an incredible festival prize pack!

#### 9:30PM MAIN STAGE - MOVIE - Outdoor Cinema

Join us under the stars on Thursday and Friday nights while we enjoy some movies! Grab your camp chairs and picnic rugs, enjoy some dinners and snacks from the food trucks and even some cheeky cocktails from the bar!

#### 9:30PM THE DEN - Burlesque & Jazz Dance Workshop

Join Sharee as she takes you through a fun Jazz and Burlesque class! No experience needed!