Friday

14th February 2025

mein stage	workshops	women's	community hub	youth	craft	the den
10AM	10AM	circles 10AM	10AM	10AM	7AM	
Slow Flow Yoga by Yoga and Earth Connection with Georgina	Solo Sisters Meet & Greet	Speaking with Spirit by Megan Griffiths Psychic Medium	Mastering Metabolic Health: Weight Loss Solutions for Women 40+ by Earth Goddess Healing	CHILLOUT ZONE	Rock Painting	
11:15AM	11:30AM	11:30AM	11:30AM	11:30AM	10AM	
Vocal Sound Therapy Ritual by I'm a Soul Queen	Business Magic by The Business Witch	Divine Womb Healing with holy oils by Dragonfly Alchemy	Intro to Attachment Theory & Healing Tools by Golden Keys Healing	Create your own Worry Beads by Soul Work Co	Jewely Making by Our Gypsy Collection	
12:30PM	12:30PM	12:30PM	12:30PM		12:30PM	12:30PM
Liz Hassack Music	Protecting yourself from negative energies by Sugar and Spice Holistic Wellbeing	KUNDALINI DANCE by Wyld Tribe	Empowering Sister - Discover the real you by Creating Awareness		CLAY Make your own RUNES	Medicine Drum Journey - Meet your Guide by Transforming Me (LIMIT OF 15-20)
1:45PM	1:45PM	1:45PM	1:45PM	1:45PM		1:45PM
Yoga for the Vagina by Tamra Mercieca	Body Decoding - Secrets of You by Tea Leaf Readings	Radical Forgiveness Healing Ceremony by Kathy Lovie	60 minute Cultural talk on Wadawurrung history and Cultural fire by Tammy Gilson	Finding your own Personality by Dragon Fly Alchemy		Introduction to Energy Healing by Sarah Xanthos
3PM	3PM	3PM	3PM	3PM	3PM	3PM
Body Art by Soulful Enchanting Body Art	Making Friends with Your Body (all ages) by Liz the Radiance Couch	Shamanic Breathwork by Awaken Divine Feminine	Align & Amplify: An Intuitive Approach to Your Business from Your Intuitive Admin Guru	CHILLOUT ZONE	PAINT N SIP	Connect yoga - sound, movement and energy by White Swan Sound and Yoga
4:45PM	4:15PM	4:15PM	4:15PM			4:15PM
Sacred Chanting by Fiona Ross	Intuitive Online Dating - Trusting Your Inner Guide to Spot Red Flags by Lindie Gunston Spirit Medium	Sacred Sisterhood: Shamanic Cacao Ceremony by Crystal Aura Tarot	Wayapa Earth Mindfulness by ME = Mother Earth			So, you think you're psychic? - Six ways to know if you've 'got the gift' (or if you're just a bit strange) Zilke Davey Soul to Soul Holistic Services

6:30PM - MAIN STAGE OPENING CEREMONY - WELCOME TO COUNTRY AND SMOKING CEREMONY

Tammy Gilson (Proud Wadawurrung Woman, Wiyn Murrup

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main stage	workshops	wornen's circles	community hub	youth	craftı	the den
7:30PM	7:30PM	730PM			7:30PM	7:30PM
Comedy Clare Elizabeth Dea "The Breast Kept Secrets"	Uncovering your love language through Astrology by Majik of Life	Celebrate the Feminine! by The Wilderness Within			Boob Art by Miss Kelly & Kardina	April Nites with Lee (Audlt Toys)

9PM

PJ Parade (Prizes for best dressed)

9:30PM

Movies Outdoor Cinema

PROGRAM SUBJECT TO CHANGE

7AM CRAFT - Rock Painting

Drop in to our crafting space to take part in some rock painting.

Whether you paint a yoni, mandala or positive affirmation.

The choice is yours! You can keep your rock or add it to our community rock garden to spread a little bit of joy or hope for someone else. You are also welcome to take one home if you need a message of hope in your own life.

10AM MAIN STAGE - Slow Flow Yoga by Yoga and Earth Connection with Georgina Slow

Flow Yoga is a breath-based Yoga practice where the participant is invited to slow down and feel the practice in a calm safe way. It is about Being rather than Doing. It encourages a serene stillness and Connection with Self.

Bring: Yoga mat Blanket-optional Cushion-optional Journal

10AM WORKSHOPS - Solo Sisters Meet & Greet

Start your festival experience off with this informal meet and greet.

Women who are coming to Bohemian Summer Festival alone are welcome to attend this session as an informal meet and greet.

10AM WOMENS CIRCLES - Speaking with Spirit by Megan Griffiths Psychic Medium

A Psychic Mediumship demonstration - predictions delivered to selected audience members, as well as stories and insights from Megan's career and experiences so far.

10AM COMMUNIITY HUB - Mastering Metabolic Health: Weight Loss Solutions for Women 40+ by Earth Goddess Healing

This workshop is designed to help women aged 40-60 understand the unique metabolic changes that occur during midlife and how they impact weight, cholesterol, blood pressure, and blood glucose levels. Learn how to naturally support your metabolism through nutrition, lifestyle adjustments, and targeted strategies to overcome the common challenges of weight loss. With a focus on empowering you to make informed health choices, this session will provide practical tools to restore balance, improve metabolic health, and achieve lasting results.

10AM YOUTH - CHILLOUT ZONE

We have an intimate teen space this year with consists of a glamping tent, cushions and some other seating. Teens can chill in this space away from the hustle and bustle of the festival to chat, relax or even play some tunes on their phones. Teens are welcome to join other workshops as well.

10AM CRAFT - Jewely Making by Our Gypsy Collection

This workshop is designed to teach beginners how to wire wrap your own crystals and make them into pendants. Naomi will walk you through the different gauges of wire and tools / materials used to make the pendants and you will leave with your own personal crystal (the chain can be purchased separate direct from Our Gypsy Collection straight after this workshop) that is completely unique just like yourselves! Limited spots available. Please arrive early to avoid missing out. This workshop is repeated twice.

11:15AM MAIN STAGE - Vocal Sound Therapy Ritual by I'm a Soul Queen

Vocal Sound Therapy is a holistic healing practice that focuses on the

power of sound and the voice to promote physical, emotional, and spiritual well-being. Carla combines meditation, light language, reiki and her voice to deliver a unique healing experience to balance and align you to the higher frequencies of your soul.

11:30AM WORKSHOPS - Business Magic with the Business Witch

From her book, The Power of Energy Business, you are invited to place your medicine on the altar of humanity. Come along and see how Katrena develops your business plan to become an expert in your field of excellence. Learn step by step how to position, package and price yourself correctly in your market through 7 streams of income. In this session, we will walk together through the 5 directions, East (Air), South (Fire), West (Water), North (Earth) and Space in this interactive experience you will discover your business destiny. Let's get to work.

BRING: Notebook and pen. A workbook will be provided.

11:30AM WOMEN'S CIRLCES - Divine Womb Healing with holy oils by Dragonfly Alchemy

Through suppression from patriarchy, pain and trauma we have become disconnected from our wombs and the power and potentiality we can access here. Can you hear your womb, can you feel her? Even if she has been removed, she is still strong in her energy in your body. Awaken your womb heart, your womb spirit and your womb voice. Free her and ignite her fire within. Create a vortex of healing with your sisters in Circle through a Shamanic Scent Priestess journey of reclamation.

11:30AM COMMUNITY HUB - Intro to Attachment Theory & Healing Tools by Golden Keys Healing

Some may have already heard of Attachment Theory & may have studied it at university and/or from a variety of educational platforms & others may not have ever heard about it before. The question is; Why would you want to come? You will learn about Attachment Styles & be able to identify your own Attachment style. This attachment style was created from childhood and is played out in our everyday life particularly in our love relationships. We will explore the healing tools to "HOW" to change our attachment style from an insecure attachment into a secure attachment.

11:30AM YOUTH - Create your own Worry Beads by Soul Work Co

Embark on a creative and meditative journey with our "Create Your Own Worry Bead" workshop. This handson experience invites you to craft your personalised set of worry beads while cultivating mindfulness and relaxation. Participants will be guided through the process of stringing beads and infusing their creations with intention and meaning.

12:30PM MAIN STAGE - Liz Hassack Music

Singing songs and playing guitar, with a mix of originals and covers, sit

back and relax while you drift off on a musical journey of contemporary folk inspired songs from around the world. Sing along if you know the words. Hum along if you don't. Music is a universal language of connection.

12:30PM WORKSHOPS - Protecting yourself from negative energies by Sugar and Spice Holistic Wellbeing

Do you feel overwhelmed and drained around certain people or in situations?

Learn the skills to create a protective energy field around your body to protect you from energy 'vampires' and negative environments. Use the universal energy to support you, creating an individual barrier that you can change from a brick wall for protection to one that showers you in divine white light depending on your needs at the time.

This is for both your protection and to empower you in times of need.

12:30PM WOMEN'S CIRLCES - KUNDALINI DANCE by Wyld Tribe

Kundalini Dance is a sacred tantric practice that invites you to authentically express the essence of your body and soul through the alchemy of movement, breath, and sound. Rooted in transformational teachings, archetypal activations, and potent energy transmissions, this powerful practice becomes a gateway to deeper embodiment. Allow yourself to be guided by its rhythm, awakening your inner wisdom and liberating your authentic expression. As you move, breathe, and sound your truth, you will remember the profound truth of your being—you are sovereign, whole, and beautifully complete.

12:30PM COMMUNITY HUB - Empowering Sister - Discover the real you by Creating Awareness

Offering insights into how trauma and our subconscious mind play a big role in our lives and how we can shine a light on these areas. I will ask quality questions for participants to feel where trauma might be stored in their bodies and then move through the emotions and gain back control in a safe space. **BRING: Notebooks and any comfort items (blanket, crystals, water bottles, teddies)**

12:30PM CRAFT - Clay - Make your own set of RUNES

Join us in the crafting tent to create your own set of Runes.

Runes are ancient alphabetic symbols that were used by Germanic tribes for writing, divination, and magical purposes. Rooted in Norse mythology, each rune has its own specific meaning and significance, often representing natural elements, concepts, or gods. From the Elder Futhark to the Younger Futhark and Anglo-Saxon variants, runes offer a complex system of symbolism that has captivated people for centuries.

12:30PM THE DEN - Medicine Drum Journey - Meet your Guide by Transforming Me (LIMIT OF 15-20)

In this journey, you will connect with your Guide or Guides. There will be opportunity to journal your experience and share if you wish to.

BRING: Pillow, blanket, journal and pen

1:45PM MAIN STAGE - Yoga for the Vagina by Tamra Mercieca

Yoga for the Vagina is a restorative and deeply healing yoga practice that nourishes the sexual organs, helps release sexual trauma and awakens the body to pleasure. Designed specifically for the female body, this lush practice uses a Jade Egg to help anchor you in the present moment so you can become intimately connected to your body and thus, cultivate a deeper sense of self-love.

Yoga for the Vagina educates women on how to care for their body both on and off the mat, so they can restore the pelvis to its natural state of health. Because this practice helps balance and tone the entire contents of the pelvic bowl - including the pelvic floor - it's highly effective in helping to heal and prevent sexual health conditions such as PMS, incontinence, fertility problems, physical and emotional trauma following birth, while also helping women journey through menopause.

In this workshop, I'll share more about this beautiful practice, and then guide you through it (minus the Jade Egg), so you can experience it for yourself.

BRING: A yoga mat

1:45PM WORKSHOPS - Body Decoding - Secrets of You by Tea Leaf Readings

Body psychosomatics is a spiritual exploration of the hidden connections between mind and body. Trish will take you through how to decode your own face to discovery your hidden secrets. Your body is your temple, and it was created by your experiences and thoughts. Learn about the powers within, when blocks occur and how to shift physical blocks.

1:45PM WOMEN'S CIRCLES - Radical Forgiveness Healing Ceremony by Kathy Lovie

Based on a Native American healing ceremony. This largely nonverbal process preserves privacy and anonymity.

We walk the circle once to acknowledge our story and the trauma we have suffered.

As we see others walk the circle alongside us, we realise that we are not alone. After listening to a special story, we walk the circle again.

With a new understanding of the past, we feel lighter and at peace. Shift truly happens.

Be guided step by step through a Radical Forgiveness Process to experience the freedom, peace, and renewed energy that comes with Radical Forgiveness. You will transmute difficult emotions like anger, fear, and shame into unconditional love, gratitude, and peace. YOU WILL BE TESTED, TRIGGERED AND TRANSFORMED!

1:45PM COMMUNITY HUB - Cultural talk on Wadawurrung history and Cultural fire by Tammy Gilson

Tammy Gilson is a proud Wadawurrung woman, Wiyn Murrup (Cultural Fire) Ranger, multi award winning weaver and blak designer. Tammy will discuss traditional weaving practice and technique and explain the importance of burning Country with right way fire.

1:45PM YOUTH - Finding your own Personality by Dragon Fly Alchemy

On the brink of being a young girl to becoming a young woman- how this is such a wonderful and challenging time- confidence in a changing body- finding your own personality-navigating the pressures of what you want and what is expected of you. Integrating into your community as a young adult.

1:45PM THE DEN - Introduction to Energy Healing by Sarah Xanthos

Join Sarah Xanthos for an enlightening journey into the world of energy healing. In this workshop, you'll uncover the fundamental principles behind energy healing and discover how it can transform your life. Learn techniques to inspire daily self-healing practices and unlock your inner potential with or without attunements. This workshop includes a powerful self-healing meditation that will leave you feeling rejuvenated and empowered. Don't miss this opportunity to explore the limitless possibilities of healing through energy!"

BRING: Notebook

3PM MAIN STAGE - Body Art by Soulful Enchanting Body Art

Intuitive Body Art is a hands-on workshop experience, inviting you to honour and acknowledge your body through the medium of body art. It is a beautiful opportunity to tune in with the relationship you have with your body, by opening a self-loving dialogue to allow deep embodiment and connection.

Through our bodies innate wisdom and language we can tap in, listen and give what's needed. We will be giving the gift of art, and our bodies are the canvas. There will be guided meditation, journalling, sharing circle, movement and body painting.

Women will be painting each other in this workshop so come along and allow yourself to trust in the creative expression that will be on offer.

3PM WORKSHOPS - Making Friends with Your Body (all ages) by Liz the Radiance Couch

An interactive workshop designed to help you to view your body in a more positive way. I'll show you how to stop hating on your body and to start appreciating her for what you can do because you have THIS body.

3PM WOMEN'S CIRCLES - Shamanic Breathwork by Awaken Divine Feminine

Step into the realm of profound healing and self-discovery with our Shamanic Breathwork session. Through the transformative power of intentional breathwork, we'll journey deep within to unlock dormant energies, release emotional blockages, and reconnect with our true essence. Guided by an experienced facilitator, you'll embark on a journey of inner exploration and expansion, tapping into the wisdom of your heart and soul. Conclude your journey with a heart-cantered integration, grounding your experience and aligning with your highest self. Embrace the opportunity to awaken to new levels of clarity, healing, and transformation in this immersive and empowering session.

BRING: Yoga mat to lay on, a blanket and a pillow. Journal and pen

3PM COMMUNITY HUB - Align & Amplify: An Intuitive Approach to Your Business from Your Intuitive Admin Guru

Join me for a transformative workshop designed to help you reconnect with the heart of your business. Through guided intuitive practices, reflective exercises, and practical strategies, we'll uncover the deeper "why" behind what you do, create alignment between your soul's purpose and your business, and explore ways to streamline your systems for ease and flow. This workshop is perfect for soul-led entrepreneurs, healers, and creatives looking to infuse their work with intention and clarity while embracing the unique energy they bring to the world. Together, we'll build the foundation for a business that feels authentic, aligned, and inspired.

3PM YOUTH - CHILLOUT ZONE

We have an intimate teen space this year with consists of a glamping tent, cushions and some other seating. Teens can chill in this space away from the hustle and bustle of the festival to chat, relax or even play some tunes on their phones. Teens are welcome to join other workshops as well.

3PM CRAFT - PAINT N SIP

Enjoy a craft gathering like no other. This year's theme is a portrait. Can represent yourself, your bestie of whom ever you like. The bar will set up temporary in that space so you don't have to walk far should you want to enjoy a cocktail or mocktail!

3PM THE DEN - Connect yoga - sound, movement and energy by White Swan Sound and Yoga

Join Charlotte for an accessible heart based deep and intuitive yoga practice which focuses in on the movements of the body, sound and energy. From 20 years of teaching yoga, Charlotte has developed her own quirky teaching style which draws on visual imagery, sound and movement to help you feel open, alive and deeply connected. The sound of her chanting and harmonium allow space for the extra deepening to easily flow in.

BRING: Yoga mat and blanket for shavasana

4:15PM WORKSHOPS - Intuitive Online Dating - Trusting Your Inner Guide to Spot Red Flags By Lindie Gunston Spirit Medium

Ready to take your online dating experience to the next level? In this workshop, we'll unlock the power of your intuition to spot red flags before they even appear. Trusting your inner wisdom is key to navigating the digital dating world safely. Learn how to tune in, recognize subtle signs, and protect your energy, all while attracting healthier, more aligned connections. Let your intuition lead the way, because when you listen closely, it will never let you down!

4:15PM WOMEN'S CIRCLES - Sacred Sisterhood: Shamanic Cacao Ceremony by Crystal Aura Tarot

Step into a sacred space of healing and empowerment. Led by Intuitive Guide Natalie Grace, this transformative experience invites women to connect with the wisdom of the ancient cacao spirit and journey deep within. Through ritual, meditation, and shamanic practices, participants will release blockages, awaken their intuition, and cultivate a deeper connection to themselves and each other. Join us in this sacred circle of sisterhood, where the healing power of cacao and the collective energy of the divine feminine unite to inspire connection and healing.

BRING: Blanket, cushion, mat or whatever helps you feel comfortable.

4:15PM COMMUNITY HUB - Wayapa Earth Mindfulness by ME = Mother Earth

A yarning circle or meditation for large group. Deep connection / relationship building. Introduction to Wayapa elements. Wayapa movement practice.

BRING: Cushion or chair, notebook and pen

4:15PM THE DEN - So, you think you're psychic? - Six ways to know if you've 'got the gift' (or if you're just a bit strange) By Zilke Davey Soul to Soul Holistic Services

This little workshop will cover:

The key definitions and differences between psychic and mediumship ability.

A chance to practice your own psychic abilities (with someone you have never met).

A chance to ask questions or demystify some fears around mediumship and psychic ability.

Zilke Davey lives and works locally on Wadawurrung Country, in Ballarat, as a professional psychic, medium, Craniosacral Therapist and Soul Dance facilitator.

She has always known she was 'a bit strange', and after working with many mentors, both nationally and internationally, she is now sure she's not just strange, but also a medium and a psychic too. She runs classes online and in-person to assist others to trust their own abilities, and live a life less obstructed by other people's energy and fears.

4:15PM MAIN STAGE - Sacred Chanting by Fiona Ross

Sacred Sounds Concert

Scottish singer and sound healing practitioner Fiona Ross shares a selection of mantras, chants and songs from across the globe. Fiona plays different instruments including harmonium, shruti and crystal bowls. Come and sing along!

6:30PM MAIN STAGE - Open Ceremony with Tammy Gilson

We are so excited to have Tammy Gilson who is a proud Wadawurrung woman, Wiyn Murrup (Cultural Fire) Ranger, and award-winning traditional weaver and blak designer.

Tammy will be presenting our Welcome to Country and a Smoking Ceremony as part of our Opening Ceremony.

7:30PM MAIN STAGE - Comedy Clare Elizabeth Dea "The Breast Kept Secrets"

An inspirational music comedy show to transform shame into beauty.

Powerhouse singer and storyteller Clare Elizabeth Dea is passionate about women loving their imperfections. Inspired by her personal journey of having Polands Syndrome & only developing one breast as a teenager, Clare's shows always bring the audience on a journey of embracing their authentic voice.

Featured on Studio 10, The Guardian and a range of media, Clare's shows have made an impact around the country. They promise a rollercoaster of emotions, from laughter to tears, and moments that will make you go within and empower you to live a life you love.

Touring Australia with sell out transformational theatrical experiences, this will be a special performance at Bohemian Summer Festival.

7:30PM WORKSHOPS - Uncovering your love language through Astrology by Majik of Life

This workshop will delve into the astrological aspects of love, compatibility and connection helping you to gain clarity on how you express love and how you wish to receive love. You will learn the key areas of relationship astrology principles in an easy-to-understand way that will include practical examples to give you the knowledge and insights to compare with your own chart.

BRING: A notebook and pen to write down any insights or key points.

7:30PM WOMEN'S CIRCLES - Celebrate the Feminine! by The Wilderness Within

Come together in sisterhood to drum and sing songs in celebration of the feminine. Sharing songs of womanhood, the earth, the moon, Goddesses and life! No singing or musical experience needed; song lyrics will be shared. Dancing welcome!!!

BRING: A drum or a rattle if you have one

7:30PM CRAFT - Boob Art by Miss Kelly & Kardina

A workshop of body positivity "means ignoring all social norms to be comfortable, not only with the shape of your body, or texture, or color of your skin, but also with embracing our flaws and jiggles in a safe environment.

Realize that nobody's perfect. Everyone has "flaws,"

Body art, including boob art, can be a way for individuals to reclaim ownership of their bodies and express themselves in a unique and empowering way. Boob art, specifically, can be a form of body positivity, self-love, and celebration of one's femininity.

We want to promote messages of empowerment, beauty, and confidence.

Additionally, boob art can serve as a form of personal expression, allowing individuals to adorn their bodies with meaningful designs, symbols, or messages that hold significance to them.

It can be a way to commemorate important milestones, express emotions, or simply showcase one's creativity and individuality.

Ultimately, the decision to engage in boob art Is individual, we know It can also be a powerful and liberating experience for those who choose to participate in it.

Come and join this fun boob art workshop and have a laugh with others and let's welcome some body positivity in our lives

7:30PM THE DEN - April Nites with Lee (Adult Toys)

Talking about Adult toys, tips for the bedroom and selling adult products by party plan

9PM MAIN STAGE - PJ Parade (Prizes for best dressed)

Join in the fun - the more ridiculous the better!

We will be having a pajama parade and whoever wins "best dressed" will win an incredible festival prize pack!

9:30PM MAIN STAGE - MOVIE - Outdoor Cinema

Join us under the stars on Thursday and Friday nights while we enjoy some movies! Grab your camp chairs and picnic rugs, enjoy some dinners and snacks from the food trucks and even some cheeky cocktails from the bar!

9:30PM THE DEN - Burlesque & Jazz Dance Workshop

Join Sharee as she takes you through a fun Jazz and Burlesque class! No experience needed!

			// -		Soluar	y 2023
maie stage	workshops	womens circles	community hub	youth	craft	the den
7AM	7AM	8AM			9AM	8:30AM
	Natures Flow Yoga with Bel from Natures Flow	Sacred Flow: A Journey for Women from Shamanic Roots	v		Paint Your Own Mandalas - H.O.P.E Helping Other People Evolve	Solo Sisters Meet & Greet
8:20AM	8:20AM					
Low impact high intensity Fitness Session by Melton Personal Training	Astrological Alchemy by Wyld Tribe					
9:40AM	9:40AM	9:40AM	9:40AM	9:40AM		9:40AM
Pain is the Body talking, hear it and move it from your body by Dragonfly Alchemy	Entering your Peak as the Crone by The Business Witch	Awakening the Wild Shamanic Women's Circle by Awaken Divine Feminine	Discover how to graduate your child successfully into adulthood by Sapling Minds	Join Liz the Radiance Coach in the Den		Free-dance Qoya class for Teens by Liz the Radiance Coach
11AM	11AM	11AM	11AM	11AM	10:30AM	11AM
ZenerQi (Movement, qigong, breathwork, sound, tapping by Ocean Grove Chinese Medicine	Awakening the Wisdom of your Ancestors by Fabiene Lui	The Raw Feminine Workshop by Im a Soul Queen	Introduction into Unconscious Dreaming by Golden Keys Healing		PAINT N SIP	Beads of Focus Guided Meditation by Soul Work Co
12:20PM	12:20PM	12:20PM	12:20PM	12:20PM		12:20PM
Soul Sister Sound Journey by Sally Bruni and Cat Timcke	Mediumship Workshop by Jordie Janes Psychic Medium	Navigating Perimenopause & Menopause: Natural Solutions for a Balanced Transition by Earth Goddess Healing		CHILLOUT ZONE		Radical Forgiveness Healing Ceremony by Kathy Lovie
1:40PM	1:40PM	1:40PM	1:40PM		1PM	1:40PM
DANCING WITH SPIRIT THE HEALING ACADEMY AUSTRALIA Presenting CONNIE ROSE, Voice for Spirit	Qoya class by Liz The Radiance Coach	Reclaiming Your Inner Rebel: Clarity, Connection and Courage in Midlife by Robyn Patton Life Coach	Nurturing Inner Peace and Resilience by Inspiring Potential Life		Tasseography by Tea Leaf Readings	Naked Voice Workshop by Fiona Ross
3PM	3PM	3PM	3PM	3PM	3PM	3PM
Body Art by Soulful Enchanting Body Art	Intuitive Tarot 101 by Crystal Aura Tarot	Color yourself in Art, Dance & Sound by Tiffany Sassafrass	An open discussion on living with ADHD by Samii	Friendship Band Workshop by Inspiring Potential Life	Paint n Sip	Yin & Yoga Nidra by Inner Om With PJ

Saturday

15th February 2025

main stage	workshops	women's circles	community nub	youth	craft	the den
4:20PM	4:20PM	4:20PM	4:20PM	4:20PM		4:20PM
Rage Against The Menopause with Patrina Jones	Sacred Self Manifestation by Bonnie-Lea Elizabeth	Lightworker Activation Circle with Lindie Gunston Spirit Medium & Esther Barneveld Reiki Master & Energy Channel	Nurturing Authenticity in Children by Sapling Minds	Madden's Felt Sewing by Inspiring Potential Life		Guided Meditation - Meet your Future Self by Sarah Xanthos
5:50PM	5:40PM	5:40PM	5:40PM	5:40PM		5:40PM
Hearts & Hands: Weaving Story Through Poetry & Song by Mietta	Discovering yourself through astrology by Majik of Life	Sound Meditation by Bindy from Divine Horizons		Tapping into Flower Yonis by Dragon Fly Alchemy		Medicine Drum Journey - Meet your Spirit Animal by Transforming Me (LIMIT OF 15-20)
7PM	7PM	7PM			7PM	7PM
Harlow & Hart LIVE Performance	Loving Your WHOLE Self by Tamra Mercieca from Getting Naked	Celebrate the Feminine! by The Wilderness Within			Boob Art by Miss Kelly & Kardina	April Nites with Lee (Audlt Toys)
9PM					9PM	9PM
DJ RENEE TUI					Full Moon Ceremony by HOPE - Helping Other People Evolve	Burlesque & Jazz Dance Workshop

PROGRAM SUBJECT TO CHANGE

7AM WORKSHOPS - Natures Flow Yoga with Bel from Natures Flow

Drop in to our crafting space to take part in some rock painting.

Whether you paint a yoni, mandala or positive affirmation.

The choice is yours! You can keep your rock or add it to our community rock garden to spread a little bit of joy or hope for someone else. You are also welcome to take one home if you need a message of hope in your own life.

8AM WOMEN'S CIRCLE - Sacred Flow: A Journey for Women from Shamanic Roots

I invite you to join Sacred Flow: A Journey for Women, a nurturing and transformative women's circle designed to reconnect you with your heart, your emotional body, and the spirit of water. Together, we will honour the land, ourselves, and the ancestral wisdom that flows through us all.

This circle will be a sacred space for women to come together and remember their innate connection to nature and the elements. Through intentional practices, we will tap into the emotional and spiritual realms, allowing the essence of water to guide us in softening, cleansing, and realigning with our authentic selves.

8:20AM MAIN STAGE - Low impact high intensity Fitness Session by Melton Personal Training

A short sharp yet effective low impact high intensity bodyweight fitness session 30 minutes maximum *BRING: yoga mat, water and a towel*

8:20AM WORKSHOPS - Astrological Alchemy by Wyld Tribe

Step into the transformative energy of 2025-2026, a pivotal era of unprecedented planetary shifts shaping humanity's next 40-50 years and embrace your sacred invitation to become a Celestial Alchemist. In the Astrological Alchemy Workshop, experience somatic astrology mapping and intuitive embodiment practices as you connect deeply with the archetypal energies of Goddesses like Black Moon Lilith, Hekate, and Vesta. Move through the astrological wheel to uncover your cosmic circuitry, divine which energies are activating within you and align with the powerful slipstream guiding this new age of transformation. Fully embody your Cosmic Femininity guided by the Goddess, anchor into your divine power, and step into your role as a wayshower for the collective awakening. The stars are waiting for you—are you ready? *BRING: Cushion, something to sit on & a notebook if needed.*

8:30AM THE DEN - Solo Sisters Meet & Greet

Start your festival experience off with this informal meet and greet. Women who are coming to Bohemian Summer Festival alone are welcome to attend this session as an informal meet and greet.

9AM CRAFT - Paint Your Own Mandalas - H.O.P.E Helping Other People Evolve

Paint your own Mandala will be back in 2025 presented by the amazing H.O.P.E Helping Other People Evolve! Shelley uses arts and craft activities to explore relationships, feelings, and experiences. Using art as a form of creative expression is a fun and relaxing way to explore self and this journey called life.

9:40AM MAIN STAGE - Pain is the Body talking, hear it and move it from your body by Dragonfly Alchemy

This session is a blend of Pilates, Medical Intuition and Scent Priestess. We will listen to the body consciousness, often expressed in pain, then use movement, sound and holy oils to cleanse and create a new frequency in the body mind and soul.

BRING: YOGA MAT

9:40AM WORKSHOPS - Entering your Peak as the Crone by The Business Witch

Often when entering your new chapter as the Crone, you step too lightly. So often I hear them describe themselves as the invisible woman, too old for this and that. Past my prime, leave it to the young. When in fact, the chapter of the crone is powerful but lost. It is time to relabel it, reclaim it and give it its rightful place. Come and claim your crone. Come and gather and be renewed. Refresh your life purpose and make sure you are fulfilling your soul's destiny in this lifetime. Discover your legacy and start to live as the respected elder, the wise woman, the crone. She knows who she is, let her run wild and free. *BRING: Notebook and pen. A workbook will be provided.*

9:40AM WOMEN'S CIRCLES - Awakening the Wild Shamanic Women's Circle by Awaken Divine Feminine

Join us in the "Awakening the Wild Shamanic Women's Circle" where we journey through the three realms of shamanic dimensions. Through the rhythmic beat of the shamanic drum, we'll delve into the lower realm to uncover and release what holds us back. Then, ascending to the upper realm, we'll meet our inner wild woman and integrate her essence into the present. Conclude with a powerful fire releasing ritual, shedding the old and embracing new, unclaimed gifts. Don't miss this transformative journey of self-discovery and empowerment.

BRING: Wear comfy clothes and anything you would like charged on our alter of transformation. Journal and pen

9:40AM COMMUNITY HUB - Discover how to graduate your child successfully into adulthood by Sapling Minds

Embracing resilience, authenticity, and entrepreneurial spirit will empower our children to navigate life's challenges with confidence, pursue their passions with purpose, and make a positive impact. Otherwise, we are setting them up for a life of anxiety, depression, and developmental challenges. *BRING: Notebook/journal*

9:40AM THE DEN (YOUTH) - Free-dance Qoya class for Teens by Liz the Radiance Coach

A fun dance class where you get to move in the way that feels best for you! We will explore the theme of "Free" and dance with what it truly feels like to be free.

10:30AM CRAFT - PAINT N SIP- First Session for the day

Enjoy a craft gathering like no other. This year's theme is a portrait. Can represent yourself, your bestie of whom ever you like

11AM MAIN STAGE - ZenerQi by Ocean Grove Chinese Medicine

Movement, qigong, breathwork, sound, tapping

11AM WORKSHOPS - Awakening the Wisdom of your Ancestors by Fabiene Lui

The legacy of our ancestors is their loving wisdom. Come gather in Sacred Circle to explore this birth right. Be guided in meditation to awaken and activate the loving wisdom of your lineages. We will then move and dance to integrate and anchor this wisdom as we flow through a soundscape of ancestral rhythms.

11AM WOMEN'S CIRCLES - The Raw Feminine Workshop by I'm a Soul Queen

In The Raw Feminine Workshop, Carla will be sharing her wisdom and guide you in unlocking your Raw Feminine essence. You'll reconnect with your organic, real, and unfiltered self—one that is fully expressed, confident, and deeply connected to your inner power.

Through this transformative experience, you'll feel empowered to embrace every facet of who you are with authenticity and strength. Join Carla to explore, reclaim, and celebrate the Raw Feminine within you.

11AM COMMUNITY HUB - Introduction into Unconscious Dreaming by Golden Keys Healing

"When you engage in Dreamweaving YOU help raise the vibration of all Humankind...one dream at a time" R. Cameron 2024 Dreamweaving helps you understand the meaning of your dreams & offer the tools so you can transform them. Are you plagued by nightmares & recurring dreams? Not knowing how to escape them? Do you dread going to sleep unsure when they will invade your peace? Would you like to learn how to stop nightmares & recurring dreams? We offer the tools HOW you can. Or are you curious about the meaning of your dreams? As soon as you wake Googling "Dream Interpretation"? Does dreaming of "Yellow Flowers" mean the same for everyone?

11AM THE DEN - Beads of Focus Guided Meditation by Soul Work Co

Using worry beads as a tactile meditation aid, this offering can promote mindfulness, and reduce stress or anxiety. Meditation facilitator, Melanie, guides you through the repetitive motion of moving the beads over your finger, and repeating mantras or affirmations, to help focus your mind towards a sense of calm. This meditation offering is intended to compliment the 'Create your own worry beads' workshop. Participants are encouraged to bring their own worry beads.

12:20PM MAIN STAGE - Soul Sister Sound Journey by Sally Bruni and Cat Timcke

Soul Sisters Sally & Cat will lovingly guide you on a sound journey to promote relaxation, meditation, restoration, healing and raising your vibration. You will be warmly welcomed to the space, invited to find a position of comfort and guided to connect with body and breath. Softening in to receive sound; its energy, frequency, harmonies and vibration bathing your body and taking you on a meditative journey. Using a variety of sound healing instruments, such as; crystal singing bowls, Tibetan bowls, alchemy bowl grail, gong, hand pan, drums, flute, rain stick, chimes and more. The Soul Sisters collaborate and cocreate, layering a rich soundscape for your holistic and profound experience as you journey with sacred sound. Restoring balance and harmony to body, mind and soul.

12:20PM WORKSHOPS - Mediumship Workshop by Jordie Janes Psychic Medium

In this workshop Jordie will be going through the differences of how we connect with the spirit world. By the end of the workshop you will be able to connect with your own loved ones and feel confident in how you connect.

Mediumship is a beautiful way to connect with your loved ones and understanding the messages you receive. This workshop is for the beginner to intermediate.

Jordie is a beautiful and understanding teacher of Mediumship and has been teaching for the last 7 years. We look forward to sharing a beautiful day of connections and growth in your mediumship.

BRING: Notepad and pen

12:20PM WOMEN'S CIRLCES - Navigating Perimenopause & Menopause: Natural Solutions for a Balanced Transition by Earth Goddess Healing

This workshop is designed to empower women to take control of their health during the natural stages of perimenopause and menopause. Learn how natural therapies, including nutrition, lifestyle changes, and supporting your stress response, can support your body through hormonal shifts, reduce common symptoms, and restore balance. You'll gain practical tools to navigate this transition with confidence and make informed decisions about your well-being, ensuring you thrive in this next chapter of life. **BRING: Notebook**

12:20PM YOUTH - CHILLOUT ZONE

We have an intimate teen space this year with consists of a glamping tent, cushions and some other seating. Teens can chill in this space away from the hustle and bustle of the festival to chat, relax or even play some tunes on their phones.

12:20PM THE DEN - Radical Forgiveness Healing Ceremony by Kathy Lovie

Based on a Native American healing ceremony. This largely nonverbal process preserves privacy and anonymity. We walk the circle once to acknowledge our story and the trauma we have suffered. As we see others walk the circle alongside us, we realise that we are not alone. After listening to a special story, we walk the circle again. With a new understanding of the past, we feel lighter and at peace. Shift truly happens. Be guided step by step through a Radical Forgiveness Process to experience the freedom, peace, and renewed energy that comes with Radical Forgiveness. You will transmute difficult emotions like anger, fear, and shame into unconditional love, gratitude, and peace YOU WILL BE TESTED, TRIGGERED AND TRANSFORMED! *BRING: A cushion*

1PM CRAFT - Tasseography by Tea Leaf Readings

Embark on a journey into the intriguing world of Tasseography, where Trish will expertly demonstrate the delicate art of pouring tea to unveil concealed messages of divination. Immerse yourself in the enchanting tea leaf ritual and unlock the power of divination readings. And as a treasured memento, receive a personalized tasseography divination report to cherish. **BRING: A teacup!**

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1:40PM MAIN STAGE - DANCING WITH SPIRIT THE HEALING ACADEMY AUSTRALIA

Presenting CONNIE ROSE, Voice for Spirit

Experience the transformative guidance of Psychic Medium Connie Rose as you embark on a journey of intuitive movement. Shake off energetic burdens, embrace joy, and deepen your spiritual connection through dance. Let Connie lead you towards spiritual clarity and openness, as you become a conduit for divine communication. Are you ready to dance your way into spiritual alignment? *BRING: Yoga mat and water bottle.*

1:40PM WORKSHOPS - Qoya class by Liz The Radiance Coach

Qoya is a free-dance class that reminds you that your essence is Wise, Wild and Free. It's designed to get you out of your head and into your body; to dance with your emotions rather than think about them. During the class, you will explore new ways to move your body and to find the most pleasurable ways to do so. The theme of the class will be "Honouring Your Inner Goddess". What does it feel like when you honour your inner Goddess? And when you don't?

BRING: Yoga mat

1:40PM WOMEN'S CIRCLE - Reclaiming Your Inner Rebel: Clarity, Connection and Courage in Midlife by Robyn Patton Life Coach

Have you been compromising your needs for so long that you struggle to even identify what they are? Are you perpetually exhausted by constantly putting yourself second, third, or even last? Wondering if there's more to life but unsure how to get there? We'll dive into our inner Good Girl, Little Girl and Mean Girl and uncover the ways they keep us small and contribute to exhaustion, overwhelm and resentment. And most importantly, how to listen to our inner rebel as a guide and mentor in midlife. **BRING: A notebook**

1:40PM COMMUNITY HUB - Nurturing Inner Peace and Resilience by Inspiring Potential Life

Join us for our Women's Circle on Nurturing Inner Peace and Resilience; designed to help you develop inner calm and strength in the face of challenges. Engage in soothing meditation sessions, participate in resilience-building exercises and join discussions on effective coping strategies. Together, we'll create a supportive space for personal growth and empowerment.

1:40PM THE DEN - Naked Voice Workshop by Fiona Ross

Your true or "naked voice" is the messenger of your soul. In this all-inclusive workshop, we'll have fun as we explore empowering sound practices such as sacred mantra and the seven sounds of love, together with meditative energy movement. All welcome – no previous experience required. Fiona Ross is a Naked Voice Facilitator.

3PM MAIN STAGE - Body Art by Soulful Enchanting Body Art

Intuitive Body Art Workshop is a hands-on experience, inviting you to honour and acknowledge your body through the medium of body art. It is a beautiful opportunity to tune in with the relationship you have with your body, by opening a self-loving dialogue to allow deep embodiment and connection. Through our bodies innate wisdom and language we can tap in, listen and give what's needed. We will be giving the gift of art and our bodies are the canvas. There will be guided meditation, journalling, sharing circle, movement and body painting. Participants will be painting each other.

3PM WORKSHOPS - Intuitive Tarot 101 by Crystal Aura Tarot

Learn to read Tarot using your own inner wisdom in this workshop hosted by Natalie Grace from Crystal Aura Tarot. Discover the magic of connecting with your intuition as you learn to interpret the Tarot's rich symbolism and connect with your inner guidance. Through interactive exercises, hands-on practice, and insightful discussion, you'll gain the confidence to trust your instincts and the secrets to decode Tarot with ease. Whether you're a curious beginner or a seasoned enthusiast, join Natalie for an unforgettable journey of self-discovery. Awaken your intuition, expand your consciousness, and uncover the secrets that the Tarot holds for you.

BRING: Notebook and pen

3PM WOMEN'S CIRCLE - Color yourself in Art, Dance & Sound by Tiffany Sassafrass

Tiffany Sassafrass will take you on a creative magical shamanic journey! weaving together art dance & sound healing.

BRING: Yoga mat and pillow

3PM COMMUNITY HUB - An open discussion on living with ADHD by Samii

Samii will give an informal talk on her experiences of being diagnosed as having ADHD as an adult. How being undiagnosed well into adult hood impacted her and her journey thereafter.

3PM YOUTH - Friendship Band Workshop by Inspiring Potential Life

A fun-filled workshop of creativity and friendship. Unleash your imagination as we guide you through the process of making your very own friendship bands. Whether you're a beginner or an experienced crafter, this workshop is designed especially for maddens and all skill levels. Our friendly instructors will provide step-by-step instructions and share tips and tricks to help you create unique and beautiful friendship bands.

3PM CRAFT - PAINT N SIP - Second Session of the Day

Enjoy a craft gathering like no other. This year's theme is a portrait. Can represent yourself, your bestie of whom ever you like. The bar will set up temporary in that space so you don't have to walk far should you want to enjoy a cocktail or mocktail!

3PM THE DEN - Yin & Yoga Nidra by Inner Om With PJ

Yin Yoga is your nourishing rest and digest yoga. This is due to the effects it has on your parasympathetic nervous system. One of the main purposes of your parasympathetic nervous system is to conserve energy which can be used later. With a focus on stillness as you begin to turn your mind inward. Yin teaches us patience, acceptance and allows us to become the observer. Observing our mind and body by being presently still and aware of our inner world. Yin allows you to find your edge, where you feel resistance in your body. Remember to not go as deep as possible straight away. Take a moment to notice and feel sensations within your body and if your body starts to open this is an invitation to go deeper. Deepening your next edge. It's important to note that your edge can differ from day today. Our bodies are everchanging, and this must be respected. The aim in Yin is 60-70% not going straight to 100% in a pose. Holding stillness here cultivates your yin attitude. With poses being held from 3-10 minutes. Yoga Nidra is a guided meditation which is practiced lying down. Nidra allows you to draw your attention inwards, as you learn to surf between the states of wakefulness to where your body will find its natural state of equilibrium. Your breath naturally balances and becomes quiet whilst unconscious and conscious aspects of the mind reveal themselves, as you fall into an innate state of deep, blissful awareness.

BRING: Yoga mat, pillow, blanket, eye pillow

4:20PM MAIN STAGE - Rage Against the Menopause with Patrina Jones

You've downloaded the groundbreaking new podcast series by star of The Christian O'Connell Show, Patrina Jones, or Pats as she's affectionately known. Now meet the award-winning radio and TV presenter as she brings her podcast live on stage to Bohemian Summer 2025.

Help her change the narrative around Perimenopause and Menopause, as she shares her lived experience, in her quest to build a community of support to show women the power and strength that comes with Menopause!

4:20PM WORKSHOPS - Sacred Self Manifestation by Bonnie-Lea Elizabeth

Reconnect with the potent power of your Sacred Self through this healing Manifestation Journey. A blend of guided meditation, group EFT tapping & movement practice assists you to begin to clear and recode limiting programming and shift your beliefs so you can finally magnetise your true desires.

BRING: Something to sit on, cushion or yoga mat whatever will make you comfortable. A journal if they wish to write down any take aways or learnings during.

4:20PM WOMEN'S CIRCLE - Lightworker Activation Circle with Lindie Gunston Spirit Medium & Esther Barneveld Reiki Master & Energy Channel

Do you feel the calling to step into your power as a Lightworker? Remember, being a Lightworker isn't (just) about being a psychic, medium, or healer - it's about sharing your unique light to uplift and elevate the vibration of the planet. This powerful circle is a sacred space for us to come together, activating our collective energy and deepening our understanding of our roles in these transformative times. Whether you're navigating personal shifts or contributing to the global awakening, you are part of this cosmic movement. Join us as Esther guides us through a transformative sound journey, activating us with the high frequency energy of Light Language, an experience that will ignite your spirit and awaken your true potential. Together, we rise!!

4:20PM COMMUNITY HUB - Nurturing Authenticity in Children by Sapling Minds

Empower your child to express their true self! Learn strategies for fostering self-trust, self-awareness, and confidence, and discover tools to help your child show up authentically, both in person and online.

4:20PM YOUTH - Madden's Felt Sewing by Inspiring Potential Life

Comfort Creations: Felt Friends for Calm

A fun and creative felt sewing workshop designed especially for maddens. In this hands-on workshop, participants will learn the basics of sewing while making their very own small bears or hearts. Each creation will be filled with soothing lavender or a special crystal, providing a comforting companion to carry during times of stress. Our friendly instructors will guide the children through each step, ensuring they leave with a new skill and a handmade keepsake to cherish. This workshop is a wonderful opportunity for young crafters to express their creativity, learn valuable skills and create a personal source of comfort.

4:20PM THE DEN - Guided Meditation - Meet your Future Self by Sarah Xanthos

Join Sarah Xanthos in a transformative subconscious exploration where you'll embark on a profound subconscious journey through our guided meditation, "Meet Your Future Self." Meet a future version of yourself five years ahead, existing in your highest timeline. Allow your future self to be your guide as you explore this meeting, ask questions, and receive guidance on the path that leads you. Don't miss this opportunity to connect with your future self and unlock the wisdom and insights that await you. *BRING: Yoga Mat, Blanket, Pillow, notebook*

5:40PM WORKSHOPS - Discovering yourself through astrology by Majik of Life

What exactly do the signs, planets and houses represent in your astrology chart? Most of us know our sun sign but if you dig a little deeper you will discover that your chart contains so much more. In this workshop we will take a journey into unlocking the secrets of your unique astrological chart which was created in the sky at your exact time of your birth. Discover how the planets influence each other, understand what each sign represents, and the energy contained in all 12 houses to gain insight into your strengths and weaknesses. **BRING: A notebook and pen to write down any insights or key points.**

5:40PM WOMEN'S CIRCLE - SOUND MEDITATION by Bindy from Divine Horizons

Embark on a meditative sound journey of altered consciousness with the award-winning Sound Healer/Spiritual Musician, Bindy from Divine Horizons. In this softly guided meditation, you will simply lay back and immerse yourself in the beautiful healing tones & resonant vibrations of the Crystal Bowls which will harmonize your mind, body & spirit. Allow yourself to be enveloped in a world of transformational healing as you connect with your higher self and unlock your true potential

5:40PM YOUTH - Tapping into Flower Yonis by Dragon Fly Alchemy

We tap into the flowers and see all the different types then connect this to our yoni- that all yoni's look different, smell different, feel different. How powerful our yoni are and how can we respect the power of them. Its about releasing the shame, guilt, embarrassment and many negative names that our precious yonis have been called.

5:40PM THE DEN - Medicine Drum Journey - Meet your Spirit Animal by Transforming Me (LIMIT OF 15-20)

In this journey you will meet and connect with your Spirit Animal. There will be opportunity to journal your experience and share if you choose to.

BRING: Pillow, Blanket, Journal & pen

5:50PM MAIN STAGE - Hearts & Hands: Weaving Story Through Poetry & Song by Mietta

Mietta has delivered storytelling and expressive writing workshops to in-person and online communities through her 'Our Shared' community.

She can offer this within the festival environment to support fellow festival attendees' space to express and share their stories through sung, spoken, visual or written forms. Mietta's intention in these workshops to create spaces for story holding among fellow hearts, as well as storytelling.

By tapping into place and the threads that connect us all, she cultivates these workshops as a weave to bring together unique storying experiences so that attendees can emerge into the festival space feeling expressive and a co-creator of the festival experience.

BRING: Notebook, pen, and anything that will make you feel cozy within the space.

7PM MAIN STAGE - HARLOW & HART

An all-girl acoustic trio was a hit at Bohemian Summer Festival and they will be back in 2025 singing & performing cover songs while we enjoy the summer night enjoying some cocktails BRING: Camp chairs, picnic rug, munchies

7PM WORKSHOPS - Loving Your WHOLE Self by Tamra Mercieca from Getting Naked

Ever wondered what it would be like to love your WHOLE self? Well, this is what becomes available to you, when you're willing to make friends with yourself. And that's what this workshop is all about; guiding you into a healthier relationship with yourself, where you show yourself kindness and compassion, even in your darkest, most vulnerable moments. Together, we'll delve into the depths of self-love, where I'll invite you into heart-opening embodiment practices, and teach you practical techniques to shed self-doubt, so you can cultivate deep self-love and unconditional acceptance. When we're willing to listen to the inner voice of wisdom, we're able to live more vibrantly and far more authentically. So whether you're looking to overcome the negative chatter of the mind, develop a healthier relationship with your most gorgeous self, or are yearning for greater self-awareness, I invite you to go on a journey with me; the delightful journey of falling in love with yourself.

BRING: yoga mat and a notebook.

7PM WOMEN'S CIRCLES - Celebrate the Feminine! by The Wilderness Within

Come together in sisterhood to drum and sing songs in celebration of the feminine. Sharing songs of womanhood, the earth, the moon, Goddeses and life! No singing or musical experience needed, song lyrics will be shared. Dancing welcome!!!

BRING: A drum or rattle if you have one.

7PM CRAFT - Boob Art by Miss Kelly & Kardina Inner Light Healing

A workshop of body positivity "means ignoring all social norms to be comfortable, not only with the shape of your body, or texture, or color of your skin, but also with embracing our flaws and jiggles in a safe environment. Realise that nobody's perfect. Everyone has "flaws,"

Body art, including boob art, can be a way for individuals to reclaim ownership of their bodies and express themselves in a unique and empowering way. Boob art, specifically, can be a form of body positivity, self-love, and celebration of one's femininity.

We want to promote messages of empowerment, beauty, and confidence.

Additionally, boob art can serve as a form of personal expression, allowing individuals to adorn their bodies with meaningful designs, symbols, or messages that hold significance to them.

It can be a way to commemorate important milestones, express emotions, or simply showcase one's creativity and individuality.

Ultimately, the decision to engage in boob art Is individual, we know It can also be a powerful and liberating experience for those who choose to participate in it.

Come and join this fun boob art workshop and have a laugh with others and let's welcome some body positivity in our lives

7PM THE DEN - April Nites with Lee (Adult Toys)

Talking about Adult toys, tips for the bedroom and selling adult products by party plan.

9PM MAIN STAGE - DJ RENEE TUI

Dj Renee Tui is her name and spinning tunes is her game.

Rock, Pop, Country, Dance, Disco, RnB are just some of her favorites.

She has played in all different venues across Victoria and with a love of all different genres from 70's 80's 90's 2000's she tries her hardest to be a crowd pleaser.

She will be playing a mix of female fronted tunes on Saturday night at the festival so we can all dance like no one is watching!

9PM CRAFT 1 - Full Moon Ceremony by HOPE - Helping Other People Evolve

A full moon ceremony is a fun and interactive way to learn and Honor the moons energy and welcome her powerful influence into your life. Using a combination of creative reflection activities and mediation you will be guided to connect to your inner self and the luna energies to release blockages from your life that have been holding you back.

9PM THE DEN - Burlesque & Jazz Dance Workshop

Join Sharee as she takes you through a fun Jazz and Burlesque class! No experience needed!

16th February 2025

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7AM Tantrik Yoga by Inner Om With PJ

8:20AM	8:20AM	8:20AM	8:20AM	8:20AM	9AM	8:20AM
Low impact high intensity Fitness Session by Melton Personal Training	Developing Spiritual Abundance - Beyond the Poverty Mentality with the Business Witch	Wayapa Wuurrk Earth Connection by Yoga and Earth Connection with Georgina	Workshop healing at home by Ocean Grove Chinese Medicine	CHILLOUT ZONE	Watercolors Open Expression	What is Consent and how to feel confident to say "NO" by Liz the Radiance Couch
9:40AM	9:40AM	9:40AM	9:40AM	9:40AM		9:40AM
Chant with Charlotte & friends by White Swan Sound and Yoga	Healing Journey through the Chakras by Fabiene Lui	Sacred menstruation by Awaken Divine Feminine	Transform your future and graduate successfully into adulthood by Sapling Minds			Morning Serenity: Guided Relaxation Meditation by Soul Work Co
11AM	11AM	11AM	11AM	11AM	10:30AM	11:50AM
Working with Spirit - Audience Readings by The Healing Academy Australia Presenting CONNIE ROSE, Voice for Spirit	Past Life Journey - Group Session by Tea Leaf Readings	Unlock Transformative Healing with Flower Remedies by Crystal Aura Tarot	Rediscovering Your Identity Amid Life Transitions by Inspiring Potential Life	Discover the power and magic of your menstrual cycle by Dragon Fly Alchemy	Jewelly Making by Our Gypsy Collection	Alchemy Crystal Sound Bath by Fiona Ross
12:20PM	12:20PM	12:20PM	12:20PM	12:20PM	1PM	
Mietta LIVE PERFORMANCE	How to tune in to your pussy and why you should! by Liz the Radiance Coach	Group Healing of Mother Earth and The Divine Feminine Cosmos by Dragonfly Alchemy	Introduction into Healthy Grieving by Golden Keys Healing	CHILLOUT ZONE	Clay Make Your own RUNES	
1:20PM	1:40PM	1:40PM	1:40PM			
Mediumship Demonstration by Jordie Janes Psychic Medium	Radical Forgiveness 7 Step Process by Kathy Lovie	Women's circle - Connecting with our hearts by Wilderness Within	Embrace Your Full Expression by Bonnie-Lea Elizabeth			
2:20PM						
Amber LIVE PERFORMANCE				PRO	GRAM SUBJEC	T TO CHANGE

7AM MAIN STAGE - Tantrik Yoga by Inner Om With PJ

Tantrik Yoga is non-transcendentalist (but it can and does happen!). Tantrik Yoga's goal is embodied liberation, leading to total intimacy with the whole of reality. It allows us to embrace our whole human experience as there is no aspect of our nature that needs to be diminished.

BRING: Yoga mat, cushion

8:20AM MAIN STAGE - Low impact high intensity Fitness Session by Melton Personal Training

A short sharp yet effective low impact high intensity bodyweight fitness session 30 minutes maximum BRING: yoga mat/gym mat, water and a towel

8:20AM WORKSHOPS - Developing Spiritual Abundance - Beyond the Poverty Mentality with the Business Witch

Come and discover why most spiritual people struggle with the concept of Self Worth, Self Value and the concept of money in general? Come along to learn how to live an enriched life, full of abundance and how to develop your Abundance Mindset. We will go through the 10 Steps to Spiritual Abundance so you can walk away with absolute clarity on what to do in your life to go beyond the poverty mentality of the past. *BRING: Notebook and pen. A workbook will be provided.*

8:20AM WOMEN'S CIRCLE - Wayapa Wuurrk Earth Connection

by Yoga and Earth Connection with Georgina

Wayapa Wuurrk is an Earth Connection Wellness Practice based on Indigenous wisdom that combines Earth Mindfulness, storytelling, connecting with our ancestors, a physical movement practice of 14 Elements and living in reciprocity with Mother Earth.

BRING: Practice can be done Standing, sitting or lying down Yoga mat Journal

8:20AM COMMUNITY HUB - Workshop healing at home by Ocean Grove Chinese Medicine

How to use simple tools and foods to help heal yourself *BRING: Pen, notebook*

8:20AM YOUTH - CHILLOUT ZONE

We have an intimate teen space this year with consists of a glamping tent, cushions and some other seating. Teens can chill in this space away from the hustle and bustle of the festival to chat, relax or even play some tunes on their phones. Teens are welcome to join other workshops as well.

8:20AM THE DEN - What is Consent and how to feel confident to say "NO" (focused on teens but also good for adults) by Liz the Radiance Couch

This interactive workshop will teach you with the tools you need so you can feel confident in starting (or continuing) sexual activity in the way that YOU want. To be able to say "NO" to any activity that doesn't feel good to you, at any stage.

This workshop is not about the morals or society's ideas of the sexuality or sexual activity of young girls/women - it is a judgement free zone.

9AM CRAFT - WATERCOLORS - OPEN EXPRESSION

Want to try your hand at watercolors? This open expression time in the crafting tent allows you to create freely and without rules. We will have some examples but you are free to let your imagination run wild!

9:40AM MAIN STAGE - Chant with Charlotte & friends by White Swan Sound and Yoga

Join Charlotte and Kirsty to celebrate in the sounds of our own voices, both in our individual expression and as a part of a group. This will be a heartfelt session of singing from the heart. The repetition of mantra helps the mind to focus and shifts one into a meditative state. Experience the sound of your own voice amongst others and feel peaceful, joyous, united and connected as you chant mantra. No singing experience required! Charlotte, a senior yoga teacher and Kirtan leader, and Kirsty, an art educator and musician, share a love of music, chanting, fun and bringing people together to feel good! They see chanting as a nurturing practice which can be relaxing, joyous, heart opening and transformative.

BRING: Cushion

9:40AM WORKSHOPS - Healing Journey through the Chakras by Fabiene Lui

Receive Light Language healing and activations as you journey through the Chakras. You will be guided in meditation to rebalance and optimise each chakra as you explore your rainbow body of light.

9:40AM WOMEN'S CIRCLE - Sacred menstruation by Awaken Divine Feminine

Embark on the transformative journey of "Sacred Menstruation:

Navigating Your Cycle with Wisdom," where ancient wisdom meets modern understanding. Rediscover the forgotten treasure of a woman's second biological clock—the infradian rhythm—and align with your body's innate rhythms for empowerment and well-being. Drawing upon Star's POWR process—Pause, Opening, Wild, and Reflect—you'll unlock the secrets of your cycle through guided meditation, ritual, and practical wisdom. Don't miss this opportunity to reclaim your cyclical nature and awaken the magic within your menstrual cycle. Join us and embrace the beauty and power of your body's natural rhythms.

BRING: Journal and pen

9:40AM COMMUNITY HUB - Transform your future and graduate successfully into adulthood by Sapling Minds

Embark on a journey to discover the three pillars for your future success – resilience, authenticity, and entrepreneurial spirit. Develop the essential skills and mindset needed to thrive in today's ever-evolving world.

BRING: Notebook

9:40AM THE DEN - Morning Serenity: Guided Relaxation Meditation by Soul Work Co

Start your day with serenity and clarity with a Morning Serenity guided relaxation meditation. Led by certified meditation teacher Melanie, this soothing experience invites you to unwind, center yourself, and set positive intentions for the day ahead. Allow yourself to let go of tension, release stress, and cultivate inner peace as you immerse yourself in the present moment.

BRING: Yoga mat, blanket and pillow is recommended.

10:30AM CRAFT Jewelly Making - by Our Gypsy Collection

This workshop is designed to teach beginners how to wire wrap your own crystals and make them into pendants. Naomi will walk you through the different gauges of wire and tools / materials used to make the pendants and you will leave with your own personal crystal (the chain can be purchased separate direct from Our Gypsy Collection straight after this workshop) that is completely unique just like yourselves! Limited spots available. Please arrive early to avoid missing out. This workshop is repeated twice.

11AM MAIN STAGE - Working with Spirit - Audience Reading

by The Healing Academy Australia Presenting CONNIE ROSE, Voice for Spirit

Step into a space of deep connection and heartfelt understanding with Psychic Medium Connie Rose. "Working with Spirit - Audience Readings." This is more than just a presentation; it's a sacred opportunity to experience the love and guidance from beyond. In an atmosphere of warmth and authenticity, Connie Rose will share her gift of mediumship, offering messages of love and support from the spiritual realm and your departed loved ones. These messages carry profound healing and validation for your journey. Come with an open heart and a willingness to receive. Let yourself be embraced by the comforting presence of those who watch over you.

11AM WORKSHOPS - Past Life Journey - Group Session by Tea Leaf Readings

Step into the realm of past lives and embark on a transformative journey with our Past Life group session. Led by Trish Pellen - Master Hypnotist, this session offers a safe and supportive space for exploration and discovery. Through guided meditation and regression techniques, participants delve into their subconscious to uncover glimpses of previous incarnations, gaining insights into unresolved patterns, relationships, and talents from past lives. Whether you're a seasoned explorer or new to the concept, this immersive experience fosters healing, self-awareness, and personal growth. Join us for an unforgettable voyage through time and unlock the mysteries of your soul's journey.

11AM WOMEN'S CIRCLE - Unlock Transformative Healing with Flower Remedies by Crystal Aura Tarot

Join Flower Therapist Natalie Grace, founder of Flower Guide Remedies, for an intimate workshop exploring the transformative power of Bach Flower Remedies! This workshop offers insights into the holistic healing system of Flower Remedies, harnessing the natural wisdom of flowers to restore balance and vitality. Explore how these gentle remedies address emotional imbalances and promote well-being, guiding you on a journey of self-discovery, inner peace and personal transformation.

BRING: Notebook and a pen

11AM COMMUNITY HUB - Rediscovering Your Identity Amid Life Transitions by Inspiring Potential Life

Rediscovering Your Identity Amid Life Transitions is a transformative presentation focused on helping women reconnect with their sense of self during significant life changes. Discover practical tools for self-reflection, establish nurturing self-care routines and set meaningful goals to rediscover your identity and purpose. Empower yourself to navigate life's transitions with confidence and clarity.

11AM YOUTH - Discover the power and magic of your menstrual cycle by DragonFly Alchemy

Our menstrual cycle, our menage, what is it actually, many young women are suffering pain and have a hatred towards their menstrual cycle. They have forgotten to purpose and power of it, of old it was cherished and respected and honoured and now there is shame, guilt, embarrassment, denial of our divine feminine gifts. There is an increase of endometriosis, cysts on ovaries, and infertility that is destroying young women's lives.

11:50AM THE DEN - Alchemy Crystal Sound Bath by Fiona Ross

Experience deep relaxation and reconnect heart, mind & body as

you bathe in the pure, vibrational sounds of alchemy crystal bowls, voice, & other sound healing instruments from around the world.

BRING: yoga mat, cushion

12:20PM MAIN STAGE - Mietta LIVE PERFORMANCE

A heartfelt storyteller raised on Boonwurrung Country, the Mornington Peninsula coast, Mietta weaves place, feeling and community in a tapestry of story.

Drawing upon acoustic indie-folk influences, Mietta's earthy tones and grace on stage warm and soften the senses. This gentle soul's stories and sounds invites you to rest, reflect, and tap into place and heart. A tender and powerful emerging voice in Australian contemporary folk, Mietta has supported the likes of Aussie singer-songwriter and guitarist, Pete Murray, and folk & blues artist, Kim Churchill, as well as our local story weaver, MAXON.

12:20PM WORKSHOPS - How to tune in to your pussy and why you should!

by Liz the Radiance Coach

I'll show you how to use pleasure in all facets of your life to connect to your pussy space. By unlocking your inner radiance, you will be able to work out exactly what it is that your pussy desires AND how to get it. I'll show you how tuning into your pussy space as your guiding force will radically change the way you live your life. By unlocking your inner radiance, you will be able to work out exactly what it is that you desire AND how to get it.

12:20PM WOMEN'S CIRCLE - Group Healing of Mother Earth and The Divine Feminine Cosmos by Dragonfly Alchemy

Come and join Elycia and Katrina to open up our Star and Soul Chakras, channeling healing into Mother Earth and the Divine Feminine Cosmos. We will then receive messages to help heal our Earth and our Humanity.

12:20PM COMMUNITY HUB - Introduction into Healthy Grieving by Golden Keys Healing

We warmly invite you to our Healthy Grieving Introduction, Interactive Discovery Event What are the benefits will you receive by attending? You will learn how clichés & social customs hinder our ability to grieve healthily which has a negative impact on our mental & physical health & puts strain on relationships. We bring to life new & healthy ways of grieving. These empower yourself to grieve at your pace & most importantly face & move through your grief. This presentation offers a simple & very effective way to move through your grief & find balance in your life again

12:20PM YOUTH - CHILLOUT ZONE

We have an intimate teen space this year with consists of a glamping tent, cushions and some other seating. Teens can chill in this space away from the hustle and bustle of the festival to chat, relax or even play some tunes on their phones. Teens are welcome to join other workshops as well.

12:20PM CRAFT - PAINT N SIP

Enjoy a craft gathering like no other. This year's theme is a portrait. Can represent yourself, your bestie of whom ever you like

1:20PM MAIN STAGE - Mediumship Demonstration by Jordie Janes Psychic Medium

Join Jordie as she gives a live Mediumship Demonstration. BRING: Yourself, a chair, cushion or rug to sit on for demonstration.

1:40PM WORKSHOPS - Radical Forgiveness 7 Step Process by Kathy Lovie

Participants will be guided step by step through a Radical Forgiveness Process to experience the freedom, peace, and renewed energy that comes with Radical Forgiveness. You will transmute difficult emotions like anger, fear, and shame into unconditional love, gratitude, and peace

1:40PM WOMEN'S CIRCLES - Women's circle - Connecting with our hearts by Wilderness Within

Connecting with the wisdom of your heart in the safety of sisterhood. We will open our women's circle by calling in the directions to support us, we will then move into a grounding meditation, our talking basket will be passed around the circle giving each woman the opportunity to speak from her heart, Laura will then offer a shamanic drum journey into the heart to receive any medicine that is needed. There will be time to journal any insights and speak about your journey with the woman sitting next to you in circle. No prior women's circle experience needed. We welcome you all beautiful women!

BRING: Cushion, journal & pen

1:40PM COMMUNITY HUB - Embrace Your Full Expression by Bonnie-Lea Elizabeth

Courageous woman, the time has come to set yourself free and lovingly embrace your full expression. Make vulnerability your superpower as a blend of group EFT tapping, meditation and partner-work assists you to break down the barriers to knowing and owning your worth and living your life in your full expression. BRING: Something to sit on, cushion or yoga mat whatever will make them comfortable. A journal if they wish to write down any take aways or learnings during.

2:20PM MAIN STAGE - AMBER LIVE PERFORMANCE

Join Amber has she takes you on a musical journey with her renditions of famous songs. Amber's beautiful voice had a lot of her audience in tears at this years Bohemian Summer Festival.

3PM MAIN STAGE - CLOSING CEREMONY WITH DIANA CLARKE

Join us as Diana Clarke from Vibe & Tribe Market / Heavenly and Earthly Things guides us through the Closing Ceremony, a heartfelt conclusion to the Bohemian Summer Festival. Together, we'll reflect on the weekend's journey, share gratitude, and seal the energy of our collective experiences. Through grounding meditation, ritual, and song, we'll honor the connections we've made and set intentions to carry this vibrant energy into our daily lives. Let us come together one last time in unity and celebration.